



# health care



## Physical and behavioral health care programs help people become or remain able to fully engage in their careers, families, and lives.

Supporting our neighbors' health care needs and helping them gain greater financial stability means they can achieve better health, miss less work and school, and won't need emergency services as often. It also means improved workplace productivity, less health care spending, and better health for our entire community.

In 2022, the 211 Texas/United Way HELPLINE connected:



**18,858**

people with medical care



**9,744**

people with mental health care



**8,608**

people with substance use support

### the need:

Over **one million** Greater Houston residents under age 65 don't have health insurance

Texas has the **highest number** and rate of uninsured children in the U.S.

In our four-county service area, there is an average of **one mental health provider for every 1,777 residents**

### your impact:

With your support last year, we provided health care support for **more than 371,590** of our neighbors

**80% of people** in United Way funded programs improved their behavioral health well-being

When our neighbors cannot afford or access quality health care, they often forgo, delay, or skip critical preventative care or mental health/substance use treatment and end up in the emergency room for non-emergency care.

This results in employees missing work or going to work sick. It reduces workplace productivity and increases health disparities in our community.

With your help, United Way supports our neighbors with primary health care, specialty care services, like dental care and occupational therapy, as well as individual and family counseling and substance use recovery.

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**people to possibility.**

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Greater Houston