



Physical and behavioral health care programs help people become or remain able to fully engage in their careers, families, and lives.

health care

Supporting our neighbors' health care needs and helping them gain greater financial stability means they can achieve better health, miss less work and school, and won't need emergency services as often. It also means improved workplace productivity, less health care spending, and better health for our entire community.

When our neighbors cannot afford or access quality health care, they often forgo, delay, or skip critical preventative care or mental health/substance use treatment and end up in the emergency room for non-emergency care. This results in employees missing work or going to work sick. It reduces workplace productivity and increases health disparities in our community.

With your help, United Way supports our neighbors with primary health care, specialty care services, like dental care and occupational therapy, as well as individual and family counseling and substance use recovery.

Together last year, we:

provided health care support for more than **189,600** of our neighbors

supported **41,900** people in our community with counseling

provided health education to **53,700** of our neighbors and substance use education to **39,100**

supported **6,800** individuals with substance use treatment programs

Right here in our community:



Nearly **1 in 6 adults** cannot afford to see a doctor



1 in 4 older adults has a mental health issue that is not a part of normal aging



20% of residents under the age of 65 are uninsured

The 211 Texas/United Way HELPLINE connected **56,700** people with health care in 2021.

The people pictured are real clients served by United Way funded partners.



Greater Houston



connecting people to possibility