

our work and investments are focused on



# alice

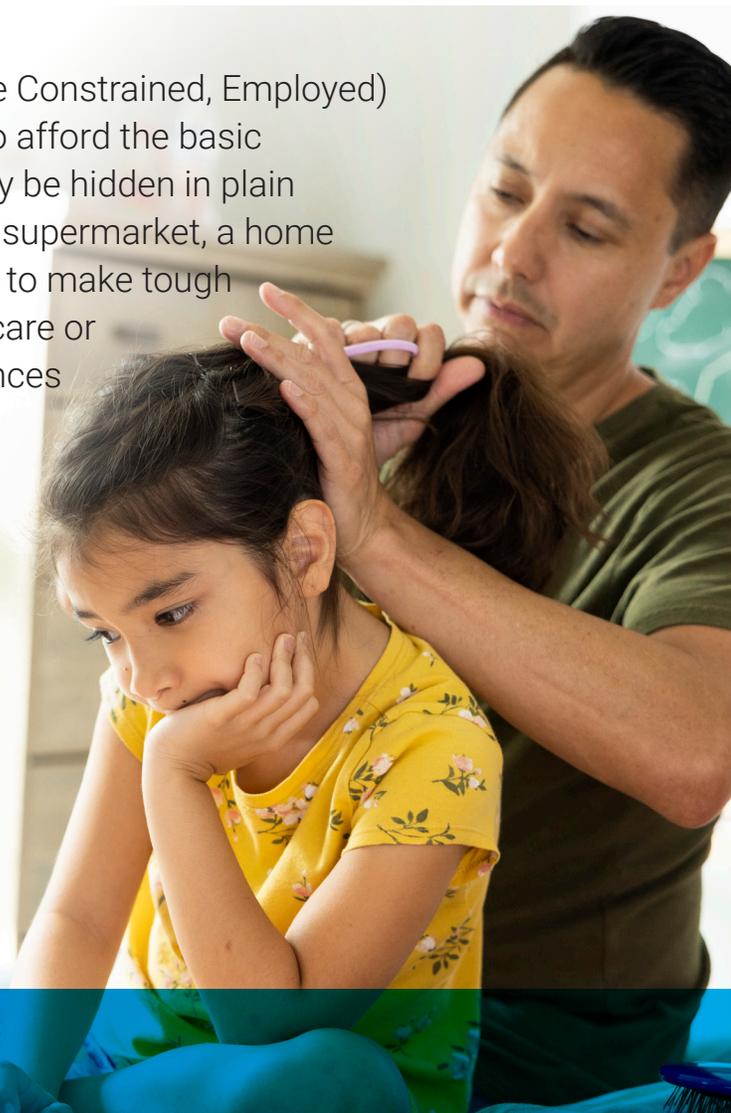
**ALICE** (Asset Limited, Income Constrained, Employed)

represents those who are working but struggle to afford the basic necessities of life. Those experiencing ALICE may be hidden in plain sight - your child care worker, the cashier at your supermarket, a home health aide, an office clerk. They are often forced to make tough choices, such as deciding between quality child care or paying the rent, which have long-term consequences not only for their families, but for us all.

In our community, **14%** of families are surviving on incomes below the Federal Poverty Level, and another **33%** are employed, but struggling to afford necessities, like food, housing, and health care.

Learn more about ALICE and how much it takes to get by in our area at [unitedforalice.org/texas](https://unitedforalice.org/texas).

Put yourself in the shoes of a typical ALICE family at <https://uwgh.makingtoughchoices.org/>.



## some of the challenges alice faces:



Households experiencing ALICE have few means to change the educational trajectory that places low-income students in poorer quality schools and increases their risk for not graduating high school or attending college.



Having enough food is a basic challenge for those experiencing ALICE. Chronic food insecurity leads to less healthy eating and increased stress, both of which contribute to poor health.



Families experiencing ALICE face circumstances that make it difficult for them to achieve and maintain good health. When health issues go untreated, they become more serious and more costly, and lead to other poor outcomes.



ALICE households struggle to afford day-to-day expenses making it nearly impossible to save for emergencies or future financial goals. Without savings, they are vulnerable to unexpected emergencies and ongoing financial hardships.



COVID-19 and its economic repercussions have increased the number of households that are ALICE and made life even tougher for those who are already ALICE.

If you are experiencing ALICE call the 211 Texas/United Way HELPLINE to get started on a pathway to a stronger future.

# Just dial 211.